

Charlotte-Mecklenburg Retired School Personnel



Highlights



November 2017

“Letting Your Light Shine”



From the President.....

The holidays are right around the corner. I can hardly believe it. Members, we have so much to be thankful for: our families, our health, our safety, our retirement, and our organization. Let's eliminate the grumbling this year as we reflect over our list. All members are asked to think about their activities which improve their quality of living. Please share your information so I can publish the activities in the next newsletter.



We have over 500 members but our luncheon attendance is low. *Why are you not attending?* Members, you are the heart of CMRSP. To remain viable in the community, we need you to be more active. Please volunteer, donate school supplies, attend the luncheons, recruit new members, and attend community forums. Our November meeting promises to be filled with good food and good fellowship. Please make this event a top priority. Please adhere to the luncheon form deadline. It is imperative that we give the Holiday Inn an *accurate* count.

All members are strongly encouraged to read the CMS 2016-2017 Preliminary End-of-Year Results and the CMS Strategic Plan 2018. Each member must be knowledgeable about the state grades (A,B,C,D, or F) for all CMS schools. CMRSP is compelled to do its part to improve our schools.

This is the last newsletter for 2017. We will share any updates by email and the Calling Post. If you should have any questions, just contact me.

Dee Williams, CMRSP President

“I think it's a question of priorities.”

Doug Schoen

Special Announcement:

A CMRSP member suggested we have a meeting in the Park Road area. It is scheduled for Monday, December 11, 2017 at the Midwood Smokehouse, Park Road Shopping Center. The registration form is enclosed. Each member will pay for his/her lunch. Time: 11:30 am

CMRSP Luncheon Meeting

Monday, November 13, 2017

Holiday Inn Charlotte University

8520 University Executive Park Drive

Cost: **\$24.00** Members & Non-members

Doors Open

at

11:15 am

****Remember to send the reservation form which is enclosed.****



SHP Enrollment Period Ends October 31(reprinted from NCRSP Monthly Report)

The enrollment period for the 2018 State Health Plan began on September 30, 2017 and will end October 31, 2017. Here are the three important things that Medicare-eligible insureds need to know:

—Those who are currently enrolled in the 70/30 Plan administered by Blue Cross/Blue Shield of NC will be automatically enrolled in the United Health Care Group Medicare Advantage (PPO) **Base Plan** UNLESS they contact the state and opt to stay in the 70/30 Plan. The 70/30 Plan is premium free for Medicare eligible insureds, but there is a premium for spousal and dependent coverage. The monthly premium is \$0 for the subscriber, \$155 for the subscriber plus a child, \$425 for a subscriber plus a spouse, and \$444 for a subscriber and family.

— Those who are currently enrolled in the United Health Care Group Medicare Advantage (PPO) **Base Plan** DO NOT have to do anything if they wish to stick with this plan in 2018. This plan is premium free for Medicare eligible insureds, but there is a premium for a spousal or dependent care and the insured must have Medicare Part A and Part B coverage in place. The monthly premium is \$0 for the subscriber, \$124 for the subscriber and spouse, and \$248 for the subscriber and family. A state official termed this the “best value” of the three plans.

— Those who are currently enrolled in the United Health Care Group Medicare Advantage (PPO) **Enhanced Plan** DO NOT have to do anything if they wish to stick with this plan in 2018. This plan does require a monthly premium for Medicare eligible subscribers, a monthly premium for a spousal or dependent coverage, and the insured must have Medicare Part A and Part B coverage in place. The monthly premium is \$66 for the subscriber, \$256 for the subscriber and child, \$256 for the subscriber and spouse, and \$446 for the subscriber and family. A state official termed this the “best value” of the three plans.

—Note that the Consumer Directed Health Plan (CHDP) is NOT being offered in 2018.

During the open enrollment period, insureds can opt in or out of the plan, change plans, or add or delete dependents. To sign up online go to <http://orbit.myncretirement.com>, login and then click on “State Health Plan E-Enroll.” For persons who have questions about their coverage, you may contact the State Health Plan by calling (877) 627-3287. A SHP Public Outreach meeting will be held on Monday, October 23, 2017 from 12pm—2pm at the Harris Conference Center—CPCC Harris Campus.

Membership:

Welcome New Member!

Magdalene McClain



Quality of Life: Growing up, I remember my grandmother and mother cooking with what seemed to be the most versatile pan used in the kitchen. A **Cast Iron Skillet!** It was used to cook on top of the stove and to bake the best tasting cornbread in the oven. I later learned there was a proper way to care for this wonderful pan. First, it had to be well seasoned not with spices or salt and pepper, but with oil. After scrubbing the pan in hot soapy water, dry thoroughly. Spread about one teaspoon of vegetable oil over the entire pan (inside and outside). Then place the pan upside down on the middle rack of the oven (place some foil on the lower rack to catch any drips) and bake at 350 degrees for 1 hour. Let the pan cool in the oven. Now your pan is ready for anything from breakfast to dessert! Always rub a little vegetable oil both inside and outside after cleaning.

Jennifer McDowell

CMS-CMRSP In Memoriam
 - In Memoriam

April 18, 2017- October 5, 2017

Johnny Williams	04-18-17	95	Helena T. Cunningham	08-24-17	86
Almetto B. Alexander	06-22-17	96	Frances F. Mengel	08-26-17	97
Helen H. Tallent	08-02-17	89	Saundra A. Blythe	08-30-17	70
Charles A. McCullough	08-04-17	84	Frank E. Gadsden	09-15-17	
*Rev. Herbert Rhedrick, Sr.	08-04-17		Agnes G. McGee	09-18-17	86
Carrie T. Rickard	08-08-17	51	Grace C. White	09-29-17	94
Agnes K. Cole	08-13-17	87	Martha G. Broadwell	10-05-17	80
*Helen K. Swiger	08-23-17	91			

***CMRSP-NCRSP-NEA-R Member**

In Honor Of:

Dr. Clayton Wilcox

Given by:

CMRSP



Legislative: Graham-Cassidy Bill Fails In Washington (reprinted from NCRSP Monthly Report)

The Republican Party’s most recent attempt to repeal the Affordable Care Act (a.k.a. Obamacare) failed last week when Senate Republicans could not muster 50 votes to assure passage of the repeal. NCRSP representatives Pat Randall, who chairs the NCRSP Legislative Committee, and Tom Bennett, NCRSP Executive Director, were in Washington to join other National Retired Teachers’ Association advocates lobbying against repeal, but the measure failed the day before they began their visits.

The repeal measure sponsored by Sens. Lindsay Graham (R-SC) and Bill Cassidy (R-LA) would have had the most direct effect on persons covered by Medicaid and the ACA-sponsored insurance exchanges, but it would have also affected ACA provisions that are very popular with many other people — including coverage for adult children, coverage for pre-existing conditions, and coverage of “essential health benefits” such as pregnancy and mental health issues.

Graham-Cassidy would have cut federal health insurance funding by providing the states with capped block grants and shifting the burden of rationing care to the state governments. Supporters touted this proposed change as “flexibility,” but detractors denounced it as passing the dirty work to state governments that would be authorized to “waive” certain health care protections otherwise left intact. The failure of this measure is not the end of the controversy or of the threat to current health insurance benefits. There is already talk in Washington that there might be an attempt to attach ACA cuts to a proposed tax cut bill. Stay tuned. . .



*****Election Day - November 7, 2017*****



POSITIVITY should rule! Support candidates who are friends of education. Support the bonds to help our children.

Program:

Dr. Clayton Wilcox stated he was proud to be the superintendent. He discussed the achievement gaps, having great schools, the bonds, and customer service. The members thoroughly enjoyed getting to know him.

Please bring canned goods to the November meeting for Loaves and Fishes.

**Saluting Emeritus Members
(90 years of age and over)**

<i>Atkinson, Gwendolyn</i>	<i>Johnson, Virginia</i>
<i>Bailey, Elizabeth B.</i>	<i>Koesjan, Barbara</i>
<i>Bobbitt, Jane H.</i>	<i>Leete, Frances D.</i>
<i>Briggs, Catherine</i>	<i>Mobley, Lecora</i>
<i>Caldwell, Elizabeth</i>	<i>Nickels, Nancy</i>
<i>Coleman, Sarah</i>	<i>Parker, Emma</i>
<i>Dannelly, Charlie</i>	<i>Roblet, Marian</i>
<i>Devereux, Susie E.</i>	<i>Rorie, Raymond</i>
<i>Drye, Letsy G.</i>	<i>Sanders, Willyne</i>
<i>Duke, Mary M.</i>	<i>Swain, Delois</i>
<i>Durante, Rosalia</i>	<i>Teamer, Julia</i>
<i>Foxx, Mary K.</i>	<i>Thompson, Sarah</i>
<i>Gabriel, Evelyn</i>	<i>Thornton, Anita</i>
<i>Goins, Dorothy</i>	<i>Todd, Rachel</i>
<i>Goins, Sudie</i>	<i>Travis, Irene</i>
<i>Green, Ilda</i>	<i>White, Carol</i>
<i>Grier, Mildred C</i>	
<i>Grier, Mildred S.</i>	
<i>Griffin, Mary</i>	

If you know of others who should be on this list, please contact Dee Williams at 704-392-6520.

CMRSP Officers/Staff 2016-2018

President -Dalphaline Williams 704-392-6520
 Past President -Marilyn McClain 704-567-6101
 Vice President-Haze Moore 704-398-0335
 Secretary - VACANT
 Co-Treasurers –
 Percell and Christine Bowser 704-392-4398
 Administrative Secretary –
 Minerva Hardy 704-747-9069

NCRSP Officers

President.....Joan Bass
 Executive Director.....Tom Bennett
 Region 3 Co-Directors.....Barbara Grau
 John Hoffman

www. NCRSP.org
 www.NCRSP-6.org
 1-800-662-7924

Bulletin Board



Important Dates

Region 3 General Meeting. - November 14
 (11:00 am) South Piedmont CC, Monroe, NC
 Cost: \$15.00

Special CMRSP Meeting - December 11
 NCRSP Service Hours Report Due - January 9

CMRSP February Luncheon - February 12

NCRSP State Convention - March 14-15, Winston-Salem

NEA-R Convention - June 30-July 5, Minneapolis, MN

CMRSP Committees

Hospitality.....Charles & Shirley Crump
 704-399-1723

Membership.....Ira LaVerne Reed
 704-847-7553

Budget & Finance.....VACANT

Community Service.....Althea Wright
 704-922-0166

Legislative/Advocacy.....VACANT
 /Parliamentarian

Communication/Media..... VACANT

Publications/Newsletter.....Dee Williams

Quality of Life..... Jennifer McDowell
 704-553-8994

Memorial.....VACANT

Scholarship.....Carolyn Nichols
 704-596-2637

Historian/Gold Star.....,Gloria McKenzie
 980-938-5956

CMRSP Office (980) 343-7440
 Bishop Spaugh Administrative Center
 1901 Herbert Spaugh Lane, Charlotte, NC 28208
 Mailing Address: P.O. Box 34401
 Charlotte, NC 28234
 Email:cmrsp@cms.k12.nc.us
 http://www.facebook.com/charmeckrsp